



Raffles Amrita  
Spa

## Amrita Spa Rituals

### Parental Bonding

(1 hr) \$ 321.00

A unique introduction to Spa which parents and their children can enjoy together this experience.

Parent: Massage (1 hr) Child: Back Massage (30mins) and express manicure / pedicure (30 mins)

### Amrita Elixir

(1 hr 45 mins) \$ 321.00

The most rejuvenating treat one can receive to pamper one self.

Pre Relaxation Water Therapy (Whirlpool or Aroma Steam), Massage and Express Facial

### Aroma Bliss

(2 hrs) \$ 375.00

Heighten your experience with aromatic oils in each therapy received.

Chamomile Body Scrub, Aromatherapy Mineral Bath and Aroma massage.

### Thalasso Rejuvenation

(2 hr 30 mins) \$ 428.00

A combination of detoxifying therapies to ease muscle aches or tones the body

Bath, Aroma Ocean Wrap and Orinoco / Aromatic Tourmaline Massage.

**In the privacy of our breathtaking view from the Spas Hill Cascading Villas**

## Amrita Journeys

### Couples Wellness

(3 hrs) \$ 803.00

The perfect experience for Couples to Spa and enjoy the facility of our famous Sea Palapa.

Foot Bath Ritual, Aromatherapy Steam Bath, Elemis Advance Facials, Massages for two in the Sea Palapa

### Amrita Experience

(3 hrs) \$ 589.00

Indulge and be pampered for our ultimate spa package experience.

Foot Bath Ritual, Aromatherapy Steam Bath, Lime & Ginger Salt Glow, Massage & Advance Elemis Facial

### Pure Retreat

(3 hrs) \$ 482.00

Benefit from specific areas of concentration on the foot and upper body treatments to unwind.

Foot Bath Ritual, Aromatherapy Steam Bath, Facial, Imperial Head Massage and Foot Paradise

**In the privacy of our unique Sea Palapa with clear glass flooring to heighten your relaxation experience**

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## Touch Therapy

### Amrita Balance

(60 mins) \$ 159.00

Be enthralled with our signature massage which combines the Eastern and Western techniques to rejuvenation.

### Elemis Deep Tissue

(60 mins) \$ 169.00

Focused on relieving specific stress and muscle tension, this powerful, customised massage, uses dynamic blends of essential oils to suit individual needs: Stress-a-Way, Spirit Reviver, Muscle Melt and Chakra Balancing Oils

### Amrita Four Hands Massage

(90 mins) \$ 268.00

A synchronize massage technique by two therapist combined with a facial cleansing ritual to heighten the experience.

### Oriental Foot Paradise

(60 mins) \$ 169.00

A lavish foot massage which begins with a foot bath and exfoliation using Chinese reflexology point technique massage.

### Imperial Head Massage

(30 mins) \$ 95.00

Close your eyes, and enter into a time of serenity with this traditional Indian experience. Warm cream is applied to nourish your hair and scalp, followed by a slow tension relieving shoulder, face and head massage.

**All 60-minute touch therapy includes a Welcome Foot Ritual on our breathtaking view from the Spa Hill Cascading Villas**

## Sun Therapies

### Soothing After Sun Facial

(60 mins) \$ 180.00

An apr'es sun facial which soothes, hydrates and nourishes skin that has been over exposed to the elements.

### Cooling After Sun

(30 mins) \$ 107.00

Cool relieving calming algae and aloe vera leaves the skin feeling soft and hydrated as we apply soft massage techniques to its application.

### Ceremony of the Sun

(60 mins) \$ 180.00

The safe way to a golden glow, with a self-tanning cream that adapts ones color. The skin is prepared with a light exfoliation and the Total Glow Self Tanning Cream is massaged giving you a light healthy color within 5 hours.

## Expectant Mothers

### Mommy to be Facial

(60 mins) \$ 180.00

A deep-cleansing, relaxing facial treatment for the expectant mother is anything but basic.

### Mother to be Massage

(75 mins) \$ 202.00

Combines tried and tested safe pregnancy massage techniques adapted to each stage of pregnancy. Ensures the ultimate comfort and relaxation, relieving back and alleviating swelling in the hands and feet.

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## Facial Therapies

### Elemis Advanced Anti-Aging Facials

#### Elemis Visible Brilliance Facial

(75 min) \$ 214.00

Independently tested with revolutionary results, this Anti-Aging facial instantly firms, rejuvenates and plumps up the skin, whilst reducing dark circles from around the eye contour

#### Elemis Pro-Collagen Marine Facial

(75min) \$ 214.00

This exceptional facial helps to slow down the signs of premature aging, reducing the appearance of fine lines and wrinkles and crows feet, using specialised lifting massage techniques and a Japanese silk mask impregnated with Pro-Collagen Booster Serum.

### Elemis Advanced Performance Facials

#### Elemis Oxygen SkinCalm Facial

(75 min) \$ 214.00

Gentle massage techniques combined with calming actives and a restructuring Japanese Silk Mask help to rebalanced delicate, fragile and sensitive skins. Reduces redness and offers immediate comfort to stressed skin.

#### Elemis S.O.S. Purifying Facial

(75 min) \$ 214.00

This powerful purifying face and eye treatment for oily, problem and congested skins

A Japanese Sulphur Mask is impregnated with Vita-C Booster Serum to help absorb sebum, calm irritation, repair scarring and to rebalance oil-rich pores, leaving a beautiful matte skin.

### Skin Intelligence for Men

#### Elemis Skin IQ Facial

(75 min) \$ 214.00

An intelligent Anti-Ageing facial that adapts to super boost the skin. Prescribed to protect against the harsh, aging effects of shaving and environmental damage, this is the ultimate skin overhaul for male skin.

#### Elemis Urban Cleanse Facial

(75 min) \$ 214.00

A high performance complexion cleanse for total skincare defense. This super-grooming facial decongests the skin, working overtime to eliminate blocked pores, neutralise impurities and reduce sensitivity.

**All Facial Therapies included a  
Welcome Touch Ritual**

**75minutes**

## Spa Body

#### Exotic Lime and Ginger Salt Glow

(30 min) \$ 107.00

An exotic exfoliation ritual to invigorate and revitalise the body.

Elemis Exotic Lime and Ginger Salt Glow deep cleanses, polishes and softens to perfection, while Exotic Island Flower Body Lotion leaves the skin glowing and vibrant, replenished and flawless.

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## Raffles Amrita Spa

### Sea Crystal Polish

(60 mins) \$ 180.00

We use sea salts that are naturally infused with minerals and eucalyptus oil. Then buff your body invigoratingly to give your skin a wake-up call.

### Ginger Glow

(60 mins) \$ 180.00

Enjoy the stimulating and exotic aroma of ginger during this luscious body scrub, which is gently washed off under our soothing steam shower.

**All spa body exfoliation is inclusive of a steam bath therapy.**

## Spa Body Treatments

### Toning Body Wrap

(60 mins) \$ 180.00

Composed of sea water and essential oils, this wrap stimulates and helps tone the body, while minerals help combat fatigue. Loofah scrub included with a head and scalp massage.

### Exotic Coconut Rub and Milk Ritual Wrap

(60 min) \$ 180.00

A traditional Balinese ceremony of pure sensuality to tantalise and delight!

This opulent exotic wrap is excellent for skin smoothing and softening, all combined with a facial pressure point massage and de-stress scalp treatment to stimulate the senses.

### Exotic Frangipani Body Nourish Wrap

(60 min) \$ 180.00

This nourishing body wrap drenches the skin with moisture for immediate softness and suppleness

Exotic, aromatic Tahitian Coconut and Frangipani flowers are soaked together to produce the Monoi used in this wrap, providing the ultimate radiance, vitality and all over body glow.

### Elemis Aroma Spa Ocean Wrap

(75 min) \$ 202.00

Seaweed wrap treatments detoxify and deep cleanse the body inside and out.

Let your thoughts drift away, whilst you are cocooned in a comforting foil wrap and treated to a pressure point facial massage and de-stress scalp treatment.

**Musclease Aroma Spa Ocean Wrap:** a warming blend of Pine and Rosemary help ease the pains of rheumatism, arthritis and fatigue.

**Cellutox Aroma Spa Ocean Wrap:** a detoxifying blend of Juniper and Lemon decongest and stimulate the body's systems. Improve the dimpled appearance of cellulite and reduce fluid retention

**All spa body treatments is inclusive of a steam bath therapy and hair spa.**

## Hand & Foot Care

### Amrita Manicure

(60 mins) \$ 41.00

The Amrita Manicure will improve the look and feel of your hands. This treatment includes exfoliation and a massage with lavender crème. Finish your manicure by either a buffing or application of nail polish.

### Spa Pedicure

(60 mins) \$ 95.00

Relax and enjoy a soothing nourishing treatment to beautify and pamper feet. Our spa pedicure includes a scrub, massage and choice of color.

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## Bathing Regimes

Skin Nourishing Milk	(30 mins)	\$ 95.00
Musclease Herbal	(30 mins)	\$ 95.00
Detox Ocean	(30 mins)	\$ 95.00
Exotic Jasmine Flower	(30 mins)	\$ 95.00

**Includes a Hair Spa Treatment**

## Waxing

Under Arm	\$ 30.00
Upper Lip	\$ 20.00
Eyebrow	\$ 20.00
Bikini	\$ 54.00
Half Leg	\$ 43.00
Full Leg	\$ 65.00

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